

October Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
October 2 Walking Taco (wg) Cowboy Salsa Pears Rice Krispie Bar (wg)	October 3 Fiestada (wg) Carrots Tropical Fruit O'Henry Bar (wg)	October 4 Orange Chicken (wg) Rice (wg) Corn Dinner Roll (wg) Pineapple	October 5 Corn Dog (wg) Smiles Baked Beans Applesauce	October 6 Crispy Chicken Sandwich (wg) Rice Peas Peaches
October 9 Burrito (wg) Mexi-Corn Pears Pudding Cup	October 10 Chicken Alfredo (wg) Broccoli Garlic Bread (wg) Mandarin Oranges	October 11 Pancakes (wg) Sausage Tri Tater Oranges	October 12 Beef Pizza Pocket (wg) Green Beans Mixed Fruit Oatmeal Butterscotch Bar (wg)	October 13 Chicken Drumstick (wg) Au Gratin Potatoes Peas Dinner Roll (wg) Peaches
October 16 Boneless Chicken Wings (wg) Dutch Waffle (wg) Carrots Fruit Cup	October 17 Chicken Fried Steak (wg) Mashed Potatoes/Gravy Corn Dinner Roll (wg) Mixed Fruit	October 18 Stuffed Crust Pizza (wg) Green Beans Pineapple Sherbet Cup	October 19 Spaghetti (wg) Vegetable Medley Cheesy Breadstick (wg) Applesauce	October 20 Pulled Pork Sandwich (wg) Chips Baked Beans Peaches
October 23 Pizza Stick (wg) Peas Mandarin Oranges HS: Bread ELEM: Muffin	October 24 Sweet & Sour Chicken (wg) Rice (wg) Corn Dinner Roll (wg) Pineapple	October 25 Chili Cheese Slice Pears Cinnamon Roll (wg)	October 26 Hot Dog on A Bun (wg) Gems Baked Beans Peaches	October 27 NO SCHOOL
October 30 Mini Pizza (wg) Green Beans Applesauce Cottage Cheese	October 31 Goulash (wg) Carrots Breadstick (wg) Sidekick			

Salad and yogurt offered in place of the main entrée. Fruit and veggie bar and milk available with entrée.
 All menus are subject to change. (WG) indicates whole grain items.
 This institution is an equal opportunity employer.