

# OCTOBER BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<b>October 2</b> French Toast Sticks (wg)	<b>October 3</b> Scrambled Eggs/Toast (wg)	<b>October 4</b> Breakfast Bites (wg)	<b>October 5</b> Cinnamon Roll (wg)	<b>October 6</b> Breakfast Sandwich (wg)
<b>October 9</b> Grape Frudel (wg)	<b>October 10</b> Cocoa Puff Pastry (wg)	<b>October 11</b> Donut (wg)	<b>October 12</b> Biscuits (wg) & Gravy	<b>October 13</b> Breakfast Sandwich (wg)
<b>October 16</b> French Toast Bites (wg)	<b>October 17</b> Omelet w/ (wg) Crackers	<b>October 18</b> Mini Cinni's (wg)	<b>October 19</b> Pancake Stick (wg)	<b>October 20</b> Breakfast Sandwich (wg)
<b>October 23</b> Mini Pancakes (wg)	<b>October 24</b> Cinnamon Toast Pastry (wg)	<b>October 25</b> Muffin (wg) w/Yogurt	<b>October 26</b> HS :Powerbite w/Crackers (wg) Elem: NO SCHOOL	<b>October 27</b> <b>NO SCHOOL</b>
<b>October 30</b> Apple Frudel (wg)	<b>October 31</b> Donut (wg)			

Fruit/Juice and milk is offered with all meals.  
 Cereal or yogurt is offered in place of the main entrée.  
 All menus are subject to change. (WG) indicates whole grain items.  
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